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Preemies: Kasey Mathews 2012-05-29 In her early thirties, Kasey Mathews had it all: a loving husband, a beautiful two-year-old son, and a second baby on the way. But what seemed a perfect life was shattered when she went into labor four months early, delivering her one-pound, eleven-ounce daughter, Andie. The first time Kasey was wheeled into the Neonatal Intensive Care Unit (NICU), nothing prepared her for what she saw: a tiny, fragile baby in a tangle of tubes and wires. All at once, Kasey was confronted with a new and terrifying reality that would test the limits of love, family, and motherhood. In this riveting, honest, and often humorous memoir, Preemie chronicles the journey of one tiny baby’s tenacious struggle to hold on to life and the mother who ultimately grew with her. From hospital waiting rooms to the offices of alternative practitioners, from ski slopes to Symphony Hall, Kasey tries to make meaning of her daughter’s birth and eventually comes to learn that gifts come in all sizes and all forms, and sometimes... right on time. The Gift of an Angel Marianne Richmond 2007-06 Gathering His host of angels, the Lord considered them one by one, “I need a volunteer.” He said, “to watch over this daughter or son.” A heartwarming classic. The Gift of an Angel - now with lullaby CD - is a beautiful gift of warmth and joy for parents welcoming a new child. With poetic prose and endearing artwork, the story recounts the blessed moments before a baby’s birth when God chooses a most special gift for His miracle of creation, a gentle-hearted angel to be a child’s lifelong guardian and friend. The last page offers a place to record baby’s name and birthdate, making The Gift of an Angel a cherished keepsake for years to come. The companion lullaby CD features 45 minutes of lovely instrumental music to soothe baby to sleep. Original works and familiar songs combine to make this sweet-sounding collection. A heavenly gift indeed. The Littlest Peanut Shannon Wilson 2011-09-01 This is my baby book, special for me. To jot down your thoughts and one day I’ll see the challenges and obstacles I overcame with your prayers. This book will be something that one day we will share. The Simple Guide to Having a Baby Janet Whalley 2012-03-01 Presents a comprehensive guide that distills information into a succinct format and shares down-to-earth information on the basic stages of pregnancy, what to expect in the delivery room, and how to nurture and nourish a baby. The Preemie Parent’s Survival Guide to the NICU Nicole Conn 2020-05 Taking a different view on supporting families who have just been exposed to the NICU, little man Writer/Director Nicole Conn and Founder of Preemie Magazine, Deb Discenza have joined forces to create the *must-have* and essential handbook to surviving the NICU. Preemies Dana Wechsler Linden 2000-08 PREEMIES fills a much-needed role as a companion book for all parents & caretakers of children born prematurely, & for all parents-to-be who know they are at serious risk of having a premature birth. Moving from the early months through the later years of life experience, it provides the most up-to-date information in an easy, friendly, reassuring way, filtered through the eyes & words of parents & a doctor who have been there. Juniper Kelley French 2016-09-13 A micro-preemie fights for survival in this extraordinary and gorgeously told memoir by her parents, both award-winning journalists. Juniper French was born four months early, at 23 weeks’ gestation. She weighed 1 pound, 4 ounces, and her twiggy body was the length of a Barbie doll. Her head was smaller than a tennis ball, her skin was nearly translucent, and through her chest you could see her flickering heart. Babies like Juniper, born at the edge of viability, trigger the question: Which is the greater act of love -- to save her, or to let her go? Kelley and Thomas French chose to fight for Juniper’s life, and this is their incredible tale. In one exquisite memoir, the authors explore the border between what is possible and what is right. They marvel at the science that conceived and sustained their daughter and the love that made the difference. They probe the bond between a mother and a baby, between a husband and a wife. They trace the journey of their family from its fragile beginning to the miraculous survival of their now thriving daughter. Oops! I’m Early Irika Katiyar 2018-09-08 This book is a message of hope for the parents of premature (preemie) babies. It’s written in the words of a preemie, addressing his/her parents, giving them hope and reassurance about the future. The author was a premature baby herself. Ready Or Not... Here We Come! Elizabeth Lyons 2007-04-01 You’ve expanded (to the point where you’ve traded high-fashion maternity wear for your husband’s XXL T-shirts), answered way too many questions about your babies’ conception, and felt your belly bounce like jelly as your dynamic duo engaged in a boxing match. And the adventure has only begun! In her first humor-packed guide to raising twins, Elizabeth Lyons and her “multiples” sorority offer the wisdom of their combined experience in the form of practical shortcuts, real-world strategies, and sage advice. Topics include: -Preparing the Lair: Mandatory Gear for Babies and Mom -Twinprooﬁng Your Marriage -Breastfeeding Strategies (and Why It’s Okay if You Don’t) -Unsolicited Advice: Stories from the Trenches -Getting Twins on a Schedule—Preferably the Same One Lyons balances the day-to-day challenges of raising twins—from double feedings to sleep deprivation to getting out while pretending everything’s under control—with a sanity-saving dose of camaraderie. By the end, you’ll be smiling and shouting, “Thank heaven, I’m not alone!” NICU! Where Little Things Matter Magic Journal Publishing 2019-07-12 6x9 notebook with 100 pages with prompts. This is the perfect and inexpensive gift for parents whose newborn babies are in the neonatal intensive care unit. Grab this amazing journal gift now! Understanding the NICU! Gary Weiner 2016-11-01 “Features family stories and guidance”—Cover. The Moment You Were Born Sandra Lane 2015-10 Parents find ways to bond with their premature babies in the Neonatal Intensive Care Unit (NICU). Primary Care of the Premature Infant Dana Brodsky 2008 Our understanding of the management of diseases in the premature infant has changed dramatically in recent years, and it can be quite difficult to remain up-to-date on changes in this highly scientiﬁc ﬁeld. Dr. Brodsky and Ms. Ouellette have worked together to create a comprehensive reference that covers both the pathophysiology and epidemiology of problems occurring in premature babies in the Neonatal Intensive Care Unit, and the management of these problems once the infant has been released from the NICU to a community practice. The book emphasizes specific diseases that affect premature infants and focuses on two primary categories: background and management in the NICU, and management of specific illnesses after discharge from the NICU. Find information quickly using an up-to-date summary of the problems that are likely to affect the premature infant. Review helpful guidelines on feeding and growth, neurologic outcomes, developmental problems, retinopathy of prematurity, bronchopulmonary dysplasia, and much more. Use easy-to-follow management algorithms to help diagnose and manage common issues in premature infants after discharge. Make effective decisions about screening, immunizations, counseling of parents, and more. Help families deal with the emotional impact of caring for a premature infant. Access a list of disease-specific websites for clinicians and families. Twin Sanity Susanna Pippel 2016-12-17 An Air Force wife and mother of identical twins, Susanna teaches sanity-saving strategies to help parents handle the logistics of caring for multiples—even without having family nearby or hiring extra help. Sanity-saving topics include:* Preparing for
If you're a new parent, having the right information can make all the difference in your child's care. This text provides comprehensive insights on every aspect of parenting, from the basics to the latest trends. It's a must-have for any parent, offering everything from the essentials of infant care to the intricacies of modern parenting techniques. Whether you're looking for advice on feeding, sleeping, or managing the modern technological landscape, this book has you covered.

Development and care of your child are at the heart of this guide. It covers essential topics like feeding, sleeping, and managing the emotional and physical changes that come with parenthood. It's a reference book that grows with your family, providing guidance through every stage of your child's growth.

With this guide, you'll find practical tips, realistic advice, and a wealth of research-based insights. It's a personal guide that you can return to time and time again, ensuring that your child receives the best possible care. It's a companion to your journey through parenthood, offering support and reassurance every step of the way.
preemies-the-essential-guide-for-parents-of-premature-babies

full-term infants. Clinicians and researchers have made vast improvements in treating preterm birth; however, little success has been attained in understanding and preventing preterm birth. Understanding the complexity of interactions underlying preterm birth will be needed if further gains in outcomes are expected. The Institute of Medicine’s Roundtable on Environmental Health Sciences, Research, and Medicine sponsored a workshop to understand the biological mechanism of normal labor and delivery, and how environmental influences, as broadly defined, can interact with the processes of normal pregnancy to result in preterm birth. This report is a summary of the main themes presented by the speakers and participants.

Twelve Hours: Sleep by Twelve Weeks Old

This is not a bigger issue for healthy infants than sleeping through the night. In this simple, straightforward book, Suzy Giordano presents her amazingly effective “Limited-Crying Solution” that will get any baby to sleep for twelve hours a night—and make an infant in the hospital with cancer give this tiny baby’s fight to survive. On the night her daughter was born, Jennifer Gunter was told before her baby—a baby born before the thirty-seventh week of pregnancy— can be a crash course in both medicine and health economics, not just in parenting. Parents face complex information, difficult decisions, and overwhelming grief and worry—with challenges that often extend well beyond those early days and weeks. As an ob/gyn, Dr. Jennifer Gunter has delivered hundreds of premature babies, but as a mother of preemie triplets, she also understands the heartbreak and challenges of premature birth. The Preemie Primer is a comprehensive resource, covering topics from delivery, hospitalization, and preemie development to parenting multiples, handling health issues, and finding special-needs programs. Compassionate, engaging, and medically grounded, The Preemie Primer is the first book on prematurity to combine the insight of a doctor with the experience of a mom.

From Hope to Joy

From Hope to Joy Jennifer Degl 2013-08-01 If you enjoy memoirs, this book is a must-read. In this gripping memoir, Jennifer Degl brings her readers on an emotional roller coaster: from the decision to get pregnant despite warnings from her doctors-and nearly dying four times during her pregnancy-to the birth of her daughter, Joy, seventeen weeks early, and this tiny baby’s fight to survive. On the night her daughter was born, Jennifer started a journal on a sheet of paper given to her by a nurse. Once she was discharged from the hospital, a little blue notebook-in which she wrote everything-became Jennifer’s constant companion. Five months after the birth of her daughter, Jennifer went to write in her notebook; instead, she sat down and read her journal cover to cover. That’s when she knew she had to tell this story. A remarkable story, “From Hope to Joy” is filled with love, determination, strength, hope—and finally joy. Scroll up and grab your copy today!

Preemie Voices Saarj Saigal 2014 The birth of a very premature baby is a shock for parents. The immediate anxiety about whether their infant will survive quickly turns into concerns about their child’s future quality of life. In this inspiring and informative book, young people who were born weighing less than two pounds, three ounces provide candid and personal stories about their lives, challenges and accomplishments. Now in their thirties, these men and women were cared for at McMaster University Hospital in Hamilton, Ontario, soon after the introduction of newborn intensive care. Dr. Saarj Saigal, a renowned and award-winning neonatologist at McMaster, adds several chapters that outline the history of neonatology, describes recent medical and technological innovations, and explains how many extremely premature babies go on to enjoy fulfilling lives. Her chapters give the answer of a caring specialist to the immediate questions—and to the simpler questions—and to the seemingly most simple questions. Preemie Voices will move you to tears of admiration and amazement at the remarkable resilience of these tiny survivors. This unique collection of stories will not only provide encouragement and hope for parents who have given birth to a tiny preemie, but will inspire others who will be in awe at the achievements of these infants - both with and without disabilities - who were born too early. Watch the video documentary of a few participants from Preemie Voices at www.saarjpreemievoices.com...

The Wonder Weeks Frans X. Plooij 2017-09-05 The Wonder Weeks reveals what’s going on inside baby’s mind. Including a bonus chapter with everything about the relationship between sleep and leaps, as well as unique insight into your baby’s sleeping behavior. The book includes: * Week-by-week guide to baby’s behavior* When to expect the fuzzy behavior, what this implies (cranky, clingy, crying (the three C’s) behavior) and how to deal with these regression periods (leaps)* A description from your baby’s perspective of the world around him and how you can understand the changes he’s going through* Fun games and gentle activities you can do with your child* Unique insight into your baby’s sleeping behaviour The book is based on the scientific- and parental-world-changing discovery of a phenomenon: all normal, healthy babies appear to be more fuzzy at very nearly the same ages, regression periods, that are triggered by a sudden increase in brain growth. These age-related fluctuations in need for body contact and attention (regression periods) are related to major and quite dramatic changes in the brains of the children. These changes enable a baby to enter a whole new perceptual world and, as a consequence, to learn many new skills. This should be a reason for celebration, but as far as the baby is concerned these changes are bewildering. He’s taken aback—everything has changed overnight. It is as if he has woken up on a strange planet. He needs you to guide him and understand what he is going through! Get ready to rediscover the world all over again with your baby… Bonus: Sleep, and the lack of sleep… that’s something we all do, but which is explained by a phenomenon called the “leap” or “breakthrough chapter includes everything about the relationship between sleep and leaps, as well as unique insight into your baby's sleeping behavior. Hint: did you know your baby learns (and there’s a lot of brain activity) during those little, ‘light’ sleeps? Lily’s Hope Jennifer Driscoll 2020-12-31 Lily’s Hope is an inspirational and wholesome book about how a premature baby can thrive and bring hope to others around the world. Lily’s Hope will connect you to the wonderful journey of Lily, a smart and loving little girl who has touched the lives of others through her inspirational message of hope and love. Small But Mighty Alyssa Veech 2018-11-26 Small But Mighty is a beautifully illustrated inspirational book for mothers who wish to read to their premature baby in the Neonatal Intensive Care Unit. Preemies often spend several months in the NICU, making bonding between mother and baby challenging. Reading to preemies also promotes literacy and reading comprehension as adolescents. Ready for Air Kate Hopper 2013-09-01 For Kate Hopper, pregnancy is downright unpleasant. She is tired and heavy and worried, and she wants her wine and caffeine back. But then, at a routine checkup, her doctor frowns at her chart and says, “I’m worried about a couple of things”—and unpleasant suddenly seems like paradise. What follows is a harrowing, poignant, and occasionally hysterical journey through premature motherhood, from the starting point of “leaking a little protein” to the early delivery of her tiny daughter because of severe preeclampsia and the beginning of a new chapter of frifulful, lifelong love. Half a million babies are born prematurely in the United States every year—almost one every minute—each with a unique story, and Hopper eloquently gives a voice to what their parents share: the shock, the scares, the lonely nights in the neonatal intensive care unit, the fierce attention to detail that makes for sanity and craziness, the light of faith, the warmth of family, and the terrifying attachment. Through it all runs the power of words to connect us to another, as Hopper draws on her gifts as a writer first to help her navigate this uncertain territory and then to tell her story. With her exceptional gift for humor, she takes us into the final weeks of her pregnancy, the this-was-not-part-of-the-plan first weeks of little Stella’s life, and the isolated world she and her husband inhabited when they took their daughter home at the onset of a cold Minnesota winter. Finally, frankly, Hopper ventures into the complicated question of whether to have another child. Down-to-earth and honest about the hard realities of having a baby, as well as the true joys, Ready for Air is a testament to the strength of motherhood—and stories—to transform lives. On Becoming Baby Wise Gary Ezzo 2001 “Discover the positive prescription for curing sleepless nights and fussy babies. Recommended by doctors next year.” - Writer's Voice. Early Sarah DiGregorio 2020-01-28 Sarah DiGregorio delves deeply into the fraught world of premature birth. With bracing honesty, she recounts her own story and the stories of other women who draw on the power of love and melt it with cutting-edge science, as they struggle to save the lives of their newborns. This book opens our minds and hearts to a world
that is rarely seen with such clarity. ”—Jerome Groopman, MD, Recanati Professor at Harvard Medical School and author of The Anatomy of Hope
Inspired by the author’s harrowing experience giving birth to her premature daughter, a compelling and empathetic work that combines memoir with rigorous reporting to tell the story of neonatology—and to meditate on the questions raised by premature birth. The heart of many hospitals is the Neonatal Intensive Care Unit (NICU). It is a place where humanity, ethics, and science collide in dramatic and deeply personal ways as parents, doctors, and nurses grapple with sometimes unanswerable questions: When does life begin? When and how should life end? And what does it mean to be human? Nearly twenty years ago, Dr. John D. Lantos wrote The Lazarus Case, a seminal work on ethical dilemmas in neonatology. He described the NICU as “a strange, strong, powerful place.” The NICU is a place made of stories—the stories of mothers and babies who spend days, weeks, and even months waiting to go home, and the dedicated clinicians who care for these tiny, developing humans. The book explores the evolution of neonatology and its breakthroughs—how modern medicine can be successful at saving infants at five and a half months gestation who weigh less than a pound, when only a few decades ago, there were essentially no treatments for premature babies. For the first time, Sarah DiGregorio tells the complete story of this science—and the many people it has touched. Weaving her own story, those of other parents, and NICU clinicians with deeply researched reporting, Early delves deep into the history and future of neonatology, one of the most boundary pushing medical disciplines: how it came to be, how it is evolving, and the political, cultural, and ethical issues that continue to arise in the face of dramatic scientific developments. Eye-opening and vital, Early uses premature birth as a lens to view our own humanity, and the humanity of those around us. Preemie Care Karen Lasby 2019-03-12 An essential resource for parents of premature babies. The birth of a new baby is a time full of joy and wonder. But when your baby is born premature, that joy also comes with stresses and challenges. Written for parents, but full of practical advice for health care professionals alike, Preemie Care helps ease the unique preemie journey to health, with a comprehensive guide to the first year of life. Leading neonatal nurse specialists Karen Lasby and Tammy Sherraw draw on their decades of experience, empowering you with the knowledge and resources to give your little one the best possible start in life—in the NICU and beyond. In Preemie Care, you will learn: - How to care for yourself and your baby while in the NICU - What to expect at the time of discharge, and how to prepare for the journey home - Strategies to foster your baby’s health and prevent illness - Everything you need to know about feeding—from the breast, bottle, tube, and spoon - How to support and stimulate your baby at each key developmental phase - Tips for self-care during this challenging year - And much, much more, including stories from other preemie parents Having a premature baby can feel like an unexpected journey on rough seas. With extensive and up-to-date information about how to look after your little one, Preemie Care will be a life preserver through these tumultuous waters and will help steer you confidently through the first year of your baby’s life.

Preemies - Second Edition Dana Wechsler Linden 2013-02-05 The comprehensive “Dr. Spock”-like reference that is both reassuring and realistic—now updated to reflect the many advances in neonatology. Preemies, Second Edition is the only parents’ reference resource of its kind—delivering up-to-the-minute information on medical care in a warm, caring, and engaging voice. Authors Dana Wechsler Linden and Emma Trenti Paroli are parents who have “been there.” Together with neonatologist Mia Wechsler Doron, they answer the dozens of questions that parents will have at every stage—from high-risk pregnancy through preemie hospitalization, to homecoming and the preschool years—imparting a vast, detailed store of knowledge in clear language that all readers can understand. Preemies, Second Edition covers topics related to premature birth, including: What are your risk factors for having a premature baby? Can you do something to delay early labor? What do doctors know about your baby’s outlook during her first minutes and days of life? How will your preemie’s progress be monitored? How do you cope with a long hospitalization? Are there special preparations for you baby’s homecoming? What kind of stimulation during the first year gives your baby the best chance? Will your preemie grow up healthy? Normal?

Preterm Birth Institute of Medicine 2007-05-23 The increasing prevalence of preterm birth in the United States is a complex public health problem that requires multifaceted solutions. Preterm birth is a cluster of problems with a set of overlapping factors of influence. Its causes may include individual-level behavioral and psychosocial factors, sociodemographic and neighborhood characteristics, environmental exposure, medical conditions, infertility treatments, and biological factors. Many of these factors co-occur, particularly in those who are socioeconomically disadvantaged or who are members of racial and ethnic minority groups. While advances in perinatal and neonatal care have improved survival for preterm infants, those infants who do survive have a greater risk than infants born at term for developmental disabilities, health problems, and poor growth. The birth of a preterm infant can also bring considerable emotional and economic costs to families and have implications for public-sector services, such as health insurance, educational, and other social support systems. Preterm Birth assesses the problem with respect to both its causes and outcomes. This book addresses the need for research involving clinical, basic, behavioral, and social science disciplines. By defining and addressing the health and economic consequences of premature birth, this book will be of particular interest to health care professionals, public health officials, policy makers, professional associations and clinical, basic, behavioral, and social science researchers.

My Brother Came Early: A Coloring Book for a Kid with a Premature Baby Brother 2018-10-11 Having a new sibling in the NICU can be frightening. Disrupted routines. Strange tubes and machines. This coloring book is meant to help explain why the baby has to stay in the hospital for now and what all those big machines are doing. Understanding the situation can make it less frightening.